

## Who are we?

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### Objective

Our aim is to combat the spread of multi-resistant pathogens.

### Participants

- Westküstenkliniken gGmbH (Heide und Brunsbüttel)
- Kreis Dithmarschen
- St. Georg gGmbH
- St. Johannis gGmbH
- Rettungsdienst-Kooperation in Schleswig-Holstein (RKiSH) gGmbH
- Pflegeservice Albersdorf
- Pflegewerk Albersdorf gGmbH Haus Möller & Tiessen
- Seniorenresidenz Dethlefsen
- Alten- und Pflegeheim Am Kaiser-Wilhelm-Kanal
- Haus Uthaven GmbH
- Pflegezentrum Marsch und Geest
- DRK -Altenhilfezentrum „Ernst-Heinrich-Detlefs-Haus“
- DRK -Altenhilfezentrum „Haus Süderdöfte“
- DRK -Altenhilfezentrum „Haus am Park“
- DRK KV-Dithmarschen
- Sicher-Daheim GmbH „Juhlsche Villa“
- Pflegeheim Kohlsaar
- Reha-Haus-Buchholz GmbH
- Seniorenhaus Lunden GmbH & Co. KG
- DOMICIL-Seniorenpflegeheim Am Markt GmbH

[www.dithmarschen.sh-mre.de](http://www.dithmarschen.sh-mre.de)

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## What else would I like to know?

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Institutions' stamp



Version: 05.2016 | EN

## Norovirus - What is it?

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General precautions in the event of  
**norovirus infection**  
in geriatric care facilities  
and outpatient care

MRP Network Dithmarschen  
MULTI-RESISTANT PATHOGENS

## Norovirus - What is it?

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A norovirus infection is highly contagious and easily transferable.

The viruses are released by vomiting and excreted in the stool.

The pathogen triggers violent vomiting within a few hours after infection.

The symptoms of the condition last up to 72 hours.

Norovirus infections occur much more frequently during the winter months.

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## Norovirus - What should I do?

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- **Hand hygiene is the most important thing**
  - **Thorough hand disinfection with a disinfectant effective against norovirus is of the utmost importance.**
  - **If for mental or physical reasons proper hand hygiene cannot be performed alone, the affected person should be helped.**
  - **Laundry must be washed immediately after use at a minimum temperature of 60°C.**
  - **Cutlery and dishes must be washed in the dishwasher at a minimum temperature of 65°C.**
  - **Sanitary facilities must be cleaned thoroughly after each use.**
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## What should be done where?

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### **Hospital**

Isolation measures are necessary during the acute phase of the illness.

Isolation is lifted after 72 hours with no diarrhoeal episodes.

### **Retirement and nursing homes**

Here isolation measures are also required.

Isolation is lifted in inpatient care facilities and in outpatient care after 72 hours with no diarrhoeal episodes.

Visitors must register with the nursing staff before entering the resident's room and get information about precautionary protective measures.

### **At home**

During the diseased phase and for three days thereafter, the affected person should not socialise (for example meeting for coffee).

### **Transport**

Employees of care services, patient transport and emergency services and doctors take hygienic measures to avoid the infection spreading to other patients.

Speak to your GP if this affects you.

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