

Who are we?

Objective

The objective is to prevent the spread of multi-resistant pathogens.

Collaborators

- Westküstenkliniken gGmbH (Heide und Brunsbüttel)
- Kreis Dithmarschen
- Sicher Daheim GmbH
- DRK - Kreis Dithmarschen
- Pflegeservice Albersdorf
- St. Georg gGmbH
- St. Johannis gGmbH

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What else do I need to know?

Institutions' stamp

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MRSA - What now?



Information for those affected and their relatives

MRP Network Dithmarschen
MULTI-RESISTANT PATHOGENS

MRSA - What is it?

M - Methicillin
R - Resistant
S - Staphylococcus
A - Aureus

MRSA (Methicillin-Resistant Staphylococcus Aureus) is a type of bacteria which is resistant to one or several antibiotics.

Where there is a weakness of defences caused by illness, these bacteria hamper recovery. This then requires special precautionary measures.

For the most part, pathogens (bacteria or viruses causing diseases) are spread via the hands. The objective is to prevent this from happening. And to do this, we need you and your

MRSA - What should I do?

- **Hand disinfection - the first priority**
- **Change hygiene articles daily (e.g. towels, facecloths, toothbrush, comb, etc.)**
- **Wash clothing and bed linen at 60°C**
- **Cutlery and crockery should be washed in the dishwasher at 60°C**

More information please visit:
www.dithmarschen.sh-mre.de
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MRSA - What can be done and where?

Hospital

Here special regulations are in place to prevent further spread of the condition. Please discuss this with the nursing staff.

Old-age homes and nursing homes

Considerably less protective measures are required here. Isolation measures are only rarely necessary. Here too, the nursing staff will be happy to provide information.

At home

MRSA carriers - thorough personal hygiene; your contact with others is not restricted.

Employees of nursing services, ambulance services and rescue services as well as doctors adopt hygiene measures to prevent the spread of any pathogens to other patients.

Please speak to your family doctor if you are affected.
